



SANAA EXPERIENCE

ADVANCING
PATIENT OUTCOMES
THROUGH
PRECISION
REGENERATIVE
CARE

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ADVANCING PATIENT OUTCOMES THROUGH PRECISION REGENERATIVE CARE

Many patients with chronic health conditions arrive at SANAA Experience after exhausting conventional treatments that often confine them to cycles of symptom management. While Regenerative medicine offers new possibilities by supporting the body's natural healing and repair process, the field itself is marked by interventions applied without standardized evaluation, coordinated planning or physician-led integration.

SANAA Experience brings a structured, physician-led regenerative care model that prioritizes diagnostic clarity and coordinated intervention. It specializes in regenerative medicine and stem cell therapies across musculoskeletal, neurological and systemic conditions.

Located in one of the most sought-after and safest areas of Bogotá, Colombia, SANAA Experience provides care from a modern, purpose-built facility designed for patient comfort and privacy. The clinic begins with a comprehensive evaluation designed to identify the biological drivers of disease and align treatment strategies accordingly. This approach ensures that interventions are not applied in isolation, but as part of a cohesive plan.

"Our goal is to shift the medical model from symptom control to biological restoration," says Dr. Carlos Guerrero-Silva, orthopedist and traumatologist with a PhD in stem cells and regenerative medicine. "When the root causes of tissue degeneration and cellular dysfunction are treated, patients often experience more durable improvements in their overall quality of life."

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The philosophy is reflected in SANAA Experience's integrated, patient-centered care model, which combines rigorous patient selection with multidisciplinary clinical oversight and a strong commitment to transparency throughout the treatment journey.

Aligning Biology, Expectations and Treatment Scope

From the outset, SANAA Experience defines realistic outcome ranges, timelines for response and areas where regenerative therapy may not be effective. Physicians emphasize that regenerative medicine is not a miracle solution, but a biologically driven therapeutic approach designed to support the body's natural repair mechanisms, improving function, reducing pain and keeping invasive procedures at bay.

Whether musculoskeletal, neurological or systemic, chronic conditions rarely exist in isolation. They are shaped by long-standing biological imbalances, including chronic inflammation, impaired cellular repair, metabolic dysfunction and progressive tissue degeneration. SANAA Experience extends its evaluation beyond conventional diagnostics to understand the origin of the disease and its progression.

A critical part of this process is determining whether the patient retains sufficient biological capacity to respond to regenerative signaling. Not all patients are candidates for regenerative therapy, and careful patient selection remains one of the strongest predictors of successful outcomes. By assessing the structural integrity of affected tissues alongside patients' systemic health and inflammatory status, SANAA Experience's team establishes whether regenerative therapy can offer meaningful benefit or whether alternative approaches may be more appropriate.

Regenerative Treatment Designed Around Individual Biology

At SANAA Experience, regenerative treatment protocols are never standardized. The team develops personalized strategies through a multi-dimensional assessment of structural pathology, cellular function and systemic health, aligning therapies with the body's intrinsic repair mechanisms.

The approach begins with a clear definition of the intended biological objective. Interventions are calibrated based on whether the clinical priority is immunomodulation, tissue regeneration, restoration of intercellular signaling or structural reinforcement. Mesenchymal stem cells are deployed where active tissue repair is required, while exosomes and platelet-derived growth factors are integrated to support cellular signaling and regenerative activity.

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The effectiveness of the interventions depends on the quality of the local tissue microenvironment. Persistent inflammation, microvascular insufficiency and disrupted cellular homeostasis often limit the regenerative response. SANAA Experience addresses these conditions by combining stem cell therapies with biophysical stimulation modalities like extracorporeal shockwave therapy, radiofrequency and advanced photobiomodulation techniques, including low-level laser therapy. These modalities work together to improve tissue perfusion, support metabolic activity and re-establish signaling pathways critical for sustained regeneration.

Addressing the patient's systemic regenerative capacity is just as important. Variability in mitochondrial efficiency, oxidative stress burden and endocrine balance can significantly influence therapeutic outcomes. SANAA Experience augments treatment protocols with systemic interventions, including intravenous antioxidant therapies like glutathione, vitamin C and NAD+. Hormonal optimization strategies, such as micronized topical testosterone, are used when clinically indicated.



In select cases, SANAA Experience incorporates targeted regenerative peptides like BPC-157 to support tissue repair and modulate inflammatory pathways at a molecular level. Hyperbaric oxygen therapy is included when appropriate, using increased oxygen availability to stimulate angiogenesis, enhance cellular respiration and aid tissue recovery.

Rather than relying on a single intervention, the clinic treats regeneration as a coordinated biological process—one that integrates local tissue repair with systemic optimization.

Enabling Informed Patient Participation in Regenerative Care

SANAA Experience treats patient education as a necessity, not an add-on. Every step of care is designed to make them active participants in the process.

“Our philosophy is simple; when patients understand the science behind their treatment, they become empowered partners in their own treatment,” says Dr. Guerrero-Silva.

Engagement starts with a structured clinical review. Physicians walk patients through imaging, diagnostic findings and functional limitations, placing each in context. They then explain regenerative medicine in clear, accessible terms—what it is expected to do, how biological repair unfolds over time and where variability in outcomes may arise. This clarity helps align patient expectations with clinical reality.

SANAA Experience encourages patients to actively participate in their recovery through appropriate physical

movement, metabolic health optimization and adherence to complementary therapies when indicated. Continuous follow-up and monitoring allow patients to track progress and remain engaged throughout the recovery process.

Equal emphasis is placed on clinical transparency. If a condition falls outside the effective scope of regenerative therapy, physicians clearly communicate this to patients and recommend conventional or surgical options when they represent the most appropriate course of action.

In each case, however, the clinic pursues regenerative pathways wherever they are clinically viable.

A Coordinated Clinical Model for Complex Regeneration

Regenerative medicine demands integrated expertise. Complex, chronic conditions involve overlapping biological systems, making coordinated clinical input essential for accuracy, safety and durable outcomes.

SANAA Experience’s multidisciplinary team comprises experts in regenerative medicine, orthopedics, pain management, longevity medicine, anesthesiology, metabolic health, rehabilitation, aesthetics and psychology. Each discipline contributes a distinct perspective, allowing the team to evaluate the patient across biological, functional and behavioral dimensions.

Collaboration begins during the evaluation stage. The team collectively reviews diagnostic imaging, clinical findings

and functional assessments to define both the intervention and the conditions required for it to succeed.

Execution follows the same integrated logic. Anesthesiology specialists manage patient comfort and safety during advanced procedures, while longevity and metabolic experts optimize hormonal balance and cellular function—key variables that influence therapeutic response and long-term stability.

Specialized applications are handled with equal precision. Aesthetic and regenerative experts lead treatments related to skin and facial rejuvenation, while psychological support helps patients maintain adherence, engagement and continuity throughout the regenerative process.

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SANAA Experience manages regenerative care as a staged process rather than a single intervention, spanning biological preparation, the procedure itself and post-treatment support. Close coordination, continuous monitoring and timely adjustments keep each phase aligned with patient response.

“Our collaborative clinical model allows us to deliver comprehensive, precise and deeply personalized care, which is essential when working with advanced regenerative medicine,” says Dr. Guerrero-Silva.

Scaling Outcomes without Diluting Clinical Rigor

15 years of clinical practice and growing patient volume reflect sustained demand for SANAA Experience’s regenerative therapies and consistency in outcomes. Combining complementary therapies with its unique treatment protocols, it has treated over 5,000 patients—primarily from the U.S. and Europe—across a spectrum of indications. Over 3,000 of these cases involved pain-related conditions like osteoarthritis, herniated discs, rheumatoid arthritis and neuropathic pain. The application of its protocols across neurological conditions, dermatological concerns, autoimmune diseases, and anti-aging management has resulted in patient satisfaction rates close to 90 percent.

The clinic’s impact is most pronounced in highly complex cases. Many patients with advanced osteoarthritis, often non-ambulatory or unsuitable for surgery due to comorbidities such as diabetes or cardiovascular disease, have regained functional mobility through SANAA Experience’s non-surgical regenerative protocols. Targeted interventions have also supported speech and motor function recovery in numerous post-stroke patients, helping them transition from non-ambulatory states to active function.

Beyond musculoskeletal care, patient-reported outcomes demonstrate the potential of regenerative therapies across sports injury prevention, comprehensive anti-aging management and neurological, pediatric and men’s health indications. These include Alzheimer’s disease, cerebral palsy, Parkinson’s disease, autism spectrum conditions and erectile dysfunction.

Tight clinical governance allows SANAA Experience to maintain consistency at scale. Physician oversight governs each stage of the care continuum, with treatment decisions continuously evaluated and adjusted based on patient response.



Clinical Maturity Shaped by Iteration and Evidence

Long-term clinical experience has played a central role in refining SANAA Experience’s regenerative approach over 15 years of treating orthopedic, neurological and autoimmune conditions. Drawing from this depth of practice, its team refines protocols through direct clinical experience, with each case contributing to improved diagnostic precision, better therapy alignment and more predictable outcomes.

As the field evolves, SANAA Experience believes that effective application of regenerative medicine depends on understanding both its capabilities and limits. Its recognition as the Top Advanced Stem Cell Therapies Clinic in Latin America 2026 by Healthcare Business Review Latin America reflects this commitment to shaping an adaptive regenerative model of care focused on restoring function, supporting healthy aging and improving long-term quality of life. **HB**